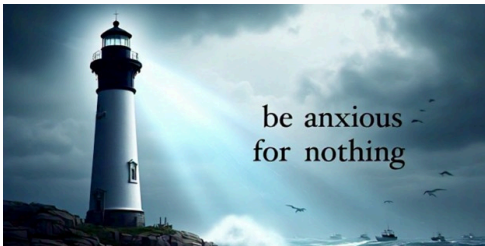


# MD 11 WK

## Wednesday LifeGroups

These LifeGroups run from Feb. 5th - Mar. 26th from 6:30 - 7:30 PM



By reflecting on passages like Philippians 4:6-7, you will explore how to release control, accept life's uncertainties, and find peace in God's presence. The study will also integrate practical ACT (Acceptance Commitment, & Therapy) techniques, such as mindfulness and value-based living, to help participants stay present and grounded in their faith during anxious moments. Together, we'll learn how to trust God fully while committing to actions that align with His purpose for our lives.

Leader: Brandon Waggoner

Location: The Loft



We've all been in circumstances that cause our minds to spin with thoughts that are unproductive, destructive, and harmful. It's easy to feel overwhelmed and wonder why we keep falling into the same thought patterns. We need to recognize these thoughts are not from God, but from an enemy lurking who wants to seize every opportunity to lie his way into our minds. Join us for a video bible study as we unpack a well known passage to find encouragement, hope, and strength.

Leaders: Jim and Ann Kautz

Location: Fireside Room



Join us as this series provides the support and encouragement you need to navigate the challenges of caregiving with faith & hope through practical tools, scriptures, and prayer.

Leaders: Mike and Tracy Turley

Where: Sanctuary



## Wednesday Schedule

- 5:15-5:45 Dinner
- 6:00-6:25 Prayer Gathering
- 6:00-7:30 Kids & Teens
- 6:30-7:30 LifeGroups

## Prayer Gathering

Leader: Jesse Waggoner

Where: Sanctuary

Join us for a gathering of God's people to share prayer needs and be led in a time of combined prayer for our church family, missionaries, and more. At the end of the evening, prayer concerns will be distributed in printed form for your continued ministry of prayer.



# Kids & Teens

## IGNITE ILLUMINATE

Students are learning how to study the Bible and apply principles to their everyday lives. An updated Events Calendar is located in the Teen Room so please make sure that either you or your child/student gets a copy.



In Preschool, we cover three basic truths all year - God Made Me, God Loves Me, and Jesus Wants To Be My Friend Forever. For the next several weeks we will be focused on answering two questions, "Who is always with you?" and "Whose got this?" Bring your nursery-preschool aged children to enjoy a fun time of play and most importantly building a foundation of Biblical truths.



In February the kids will lean in on the fact that God is one of a kind-with no beginning and no end. Everything God has created is unique, including people. Every person is an original reflection, made in the image of God. During these four weeks we will be studying Psalms 139, Exodus 3-4, Acts 16, and 1 Timothy 4.

In March the kids will focus on how God created us to work together in community. When we cooperate, we reflect what Jesus envisioned for His followers. Our love for one another can point people back to Jesus. During these four weeks we will be studying Luke 5, 6, 8 and Exodus 17, Nehemiah 1-4, and Luke 5.