

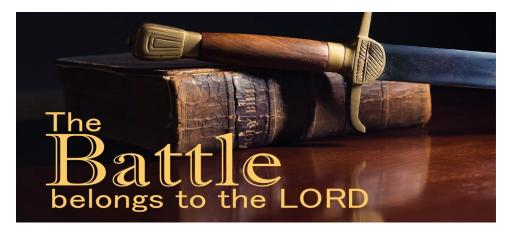
Battle of Depression & Discouragement (Job 30:16-31)

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WHAT TO DOdepression and discouragement is a real thing.	
in empathy	
up by prayer	



Battle of Depression & Discouragement (Job 30:16-31)

- 1. When you <u>live</u> in the <u>past</u> you die in the present
- When <u>The Hope</u> is your <u>future</u> you live in the present
- 2. Try not to <u>discern</u> God's will merely through personal situation
- 3. Try not to confuse the <u>ultimate</u> with <u>immediate</u>

WHAT TO DO

Recognize depression and discouragement is a real thing.

Respond in empathy

Raise up by prayer