



Peace in Relationships

Ephesians 4:2-3; Proverbs 15:1; Ephesians 4:32; Proverbs 17:9

Starter

What do you think most relationships have conflict over?

Discussion

1. What regular routines can help us develop an inner spirit as described in Ephesians 4:2-3?
2. What thoughts or activities can lead us away from these?
3. What tendencies lead us to escalate a conflict?
4. Is it possible to pre-plan or even practice a soft answer?
5. What do you think is the biggest obstacle to granting forgiveness?
6. How can we keep Jesus' forgiveness in the forefront of our thoughts?

Bottom Line

In order to have peace in relationships you must maintain, recover, and restore it.

Next Steps

1. This week take time to reflect and seek out peace by asking yourself the following
 - Have I had a spirit of patience & gentleness this past week in my relationships?
 - Is there any situation that I need to de-escalate?
 - Do I need to forgive someone?

2. Based upon the reflected questions above choose one thing you can do this week to promote peace

3. If you have not received the peace your soul desires that only Jesus can provide then please either text or go to link below to find out more how to
 - Text "Jesus" to 304-346-9681 or
 - www.calvarywv.com/relationship-with-jesus/